

## First Aid at Work

The First Aid Work (statutory) course complies with the current Health & Safety (First Aid) Regulations 1981. All successful students receive a certificate valid for 3 years.

### Who Should Attend

All Employers in the UK have a legal obligation to make First Aid provisions for their employees.

### What Will They Learn

The knowledge and confidence to deal with any First Aid emergency

### Course Content

What should be in a First Aid Kit  
Dealing with an accident  
Treatment of an unconscious casualty  
Heart Attack  
Burns and Scalds  
Shock  
Epileptic Seizures  
Diabetes

How to report an accident  
Resuscitation  
Choking  
Control of bleeding  
Fractures  
Poisoning  
Asthma  
Many more

### Course Duration

3 Days (9am - 5pm each day)

### Course Price

£120 per person +vat  
£1200 per course of up to 12 people +vat

### Contact us:

[admin@essentialfirstaid.co.uk](mailto:admin@essentialfirstaid.co.uk)

